

Local television news station KTVU reported this morning on a recent 3 year study from New Zealand which concluded that smoking one marijuana joint is equal to smoking 5 cigarettes in terms of air flow obstruction and damage to the lungs. Earlier studies have shown that smoking one joint results in three to five times more carbon monoxide and tar inhaled than smoking a cigarette of the same size.

The link to the AP report is below.

http://news.yahoo.com/s/ap/20070731/ap_on_he_me/pot_vs_cigarettes

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